



What Gives me Hope...

I remain hopeful in God who gives me strength. I'm thankful for the amazing people I've met on this journey, and I'm thankful for every memory I've created with my son and loved ones.

Ana Valdez

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2017, first symptom;
January, 2020, diagnosed

ASXL1

Who am I?	My Diagnostic Journey
<p>I have one son. I work in a trauma psychology clinic alongside my sister using the organization management skills I gained when obtaining my BA degree.</p>	<p>My journey has been long and uncertain. My symptoms started when I was pregnant. I was thirsty, had bone pain, and headaches. The doctors assumed it was my pregnancy and dismissed my symptoms. Months later, I had my son, and the symptoms continued. Six months later I was diagnosed with DI. In December 2023 I was diagnosed with ECD & LCH.</p>
My Treatments	How I'm Doing
<p>I received brain radiation therapy before my diagnosis. After my LCH diagnosis I underwent chemotherapy treatment, but my symptoms continued. After receiving an ECD & LCH diagnosis in December 2023, I began Cotellic but had bad side effects. Began Mekinist in fall 2023.</p>	<p>I normally feel okay, but somedays I hit a wall about 6 pm. I want to give back to the histio community and spend as much time as possible with my son.</p>