

Summary of ECD Global Alliance Internet Chat **25 April 2015**

5 Attendees

- A new member came on whose husband has ECD and is waiting to start medication. His pain is mostly from his knees, and occurs in the middle of the night. He ices his knees, and takes medication for the pain. They wonder what pain management strategies others have found helpful.
- A new member raised the subject of interferon. It was said that Interferon is a first line treatment, and has been used often. You get flu like symptoms and are very tired. People have seen mixed results with interferon. Some people are able to keep their ECD under control using just interferon.