

**Summary of ECD Global Alliance Chat**  
**23 Aug 2014**

2 Attendees

(SimonandJo14, Walt, Phil in UK, Charles 1, and Bossy 24 all left messages to say that they would be unable to attend the Chat)

- Since only 2 members were on the Chat, conversation was brief.
- A member came on who is on a rehabilitation stay. She is doing lots of walking (almost too much), water exercising and other exercises. This is making her tired.
- A member said that he was starting a seaside vacation that day. "3 weeks of ocean air!" He also said that he is going to do "that ICE BUCKET CHALLENGE SOON". He hopes to be swimming tomorrow in the Atlantic. He proposed that he should dip in his toes, and our member in Norway should do the same. Then they could "swim together". He is also "looking forward" to all the packing needed for going away, and then coming back again.